

Good Housekeeping's

quick & simple

May 8, 2007

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How **LAW & ORDER'S** Top Star Dropped 40 Lbs.!

HER SECRETS, PAGE 6



FEELS LIKE SILK

Thirty percent of American adults still don't use sunblock regularly, according to a survey by PreSun. The reason? Texture, says Kenneth Beer, M.D., a Miami-based dermatologist. "People routinely complain when a product is too gloppy," making it hard to apply. His advice: Use an ultra-sheer formula.

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Slather up before get in the car! M cancers are found side of the face : — the area ex when you're di